# **Session Times**

## 3 Year Olds

Morning Program - 2 days per week Tuesday/Thursday 9-11:30 AM

Afternoon Program - 2 days per week Tuesday/Thursday 12:30-3 PM

## 4 Year Olds

Morning Program - 3 days per week Monday/Wednesday/Friday 9-11:30 AM

Afternoon Program - 3 days per week Monday/Wednesday/Friday 12:30-3 PM

Teach me and I'll remember today

Show me and I'll remember tomorrow

Allow me to discover and I'll remember forever





My career as an early childhood educator has been extremely fulfilling and has enabled me to actively teach & study in the childcare field since 1990.

As a mother of 2 young children and as an educator I have made it my goal to ensure that all children be given the opportunity to experience enriched programs that not only stimulate their natural curiosity in the world around them but also nurture their sense of individuality.

Grace Posella
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Nurturing the growth of the whole child by providing a stimulating environment which promotes social, emotional, physical, intellectual and creative development

small class sizes

## **Our daily routine - woven** within a monthly theme consists of:

- ~1 on 1 Montessori presentations
- ~ Exploration of science & nature activities
- ~ Gardening
- ~ Creative art activities
- ~ Group time songs, stories, music & movement & co-operative games
- ~ Cooking & baking
- ~ Multi-cultural awareness
- ~Local field trips throughout the community
- ~ Fine & gross motor skill activities
- ~ Drama classes

"education is not the filling of a pail, but a lighting of a fire"

W.B. Yeats

### A brief outline of our Modified Montessori Preschool

Our program is an enriched, stimulating environment with a wide range of materials and activities allowing each child to explore at their own pace promoting individual growth. The prepared environment is adapted to the children's age group or stage of development. The environment for the children between the ages of 3-6 years mainly consists of the following areas.

#### **EXERCISES OF PRACTICAL LIFE**

In this area of the classroom, children develop their coordination and motor skills while becoming absorbed in everyday activities. Children develop their coordination of movement while becoming confident and independent at problem solving, thus gradually increasing their span of concentration. Practical life exercises instill care for themselves, for others and for the environment.

#### **SENSORIAL MATERIALS**

A young child meets the world around him/her through their constant use of all their senses. Sensorial materials are the tools for development and refinement, and incorporates all areas of the preschool.

#### **MATHEMATICAL MATERIALS**

These are motives of activity by means of which the child does not learn mathematics but discovers them through our everyday activities.

#### LANGUAGE

These are motives of activity by which a child acquires the basic skills for reading. Sand paper letters, art, music, stories, drama and dancing are all part of the human beings means of expression, and are vital everyday activities at Mountain View Preschool.

#### **SCIENCE & NATURE**

A child's natural curiosity is stimulated through projects, experiments and the natural discovery of the world around them which in turn fosters their love and respect for all living things.